



**Master Trainer
Personal Training
Services Fee Schedule**
(Updated June 1, 2009)

Appointments are available at a variety of times Mon. - Sat.
based on current client scheduling. Fit-X San Diego is
closed Sundays and some holidays. You will be notified well
in advance of schedule changes.

Session Frequency Rate

30 Minute Sessions

Single session	\$ 45.00
1 session/week	\$ 40.00*
2/3 sessions/week	\$ 36.00*

60 Minute Sessions

Single	\$ 65.00
1 session/week	\$ 61.00*
2/3 sessions/week	\$ 57.00*

* Includes a one hour consultation session

Partner Sessions

- May include one other person.
- Add \$15.00 to each of the session rates above.

Semi-Private Training Groups

- May include a minimum of 3 people and a maximum of 6 people.
- \$15.00 per additional person in each group for one hour sessions. No show and cancellation policies will be discussed prior to the commencement of sessions.

Travel Fees

- Up to \$7.50 may be added to in-home training sessions for trainer travel expenses and time.

Personal Training Payment Options

- Frequency pricing requires pre-paid payment in full on the value of your first 2 weeks of training and then you will be billed monthly for the total value of Fit-X San Diego services completed each month.
- PayPal, Cash, Checks and Credit Cards (Visa, MC, AMEX and Discover) accepted. Please make checks payable to **Fit-X San Diego**

619-209-2800
www.fitxsandiego.com