



A Division of Island Fitness Express, INC.

Current Client List



Fit-X San Diego provides and has been providing fitness services to corporate, residential and private service sites throughout San Diego County since 1995.

Fit-X San Diego Services include:

Consulting, Fitness Program Management, Facility Management, Group Fitness Program Management, Consumer Education Seminars and private fitness training for children and adults.



Current Client List; Group Fitness, Personal Training:

Avalon at Mission Bay	City of La Mesa
Coronado Shores	Cubic Corporation
Cubic Transportation	El Dorado Hills
La Mirage Luxury Apartments	Monte Vista Apartment Homes
Portofino Apartments	Qualcomm Inc.
Scripps Ranch Swim and Racquet Club	St. John's Plaza
StoneCrest Village; The Club	Torrey Ridge Apartments
Torrey Villas Apartments	Villas of Renaissance
WestWood Club in Rancho Bernardo	

Current Client List; Facility Management:

Island Fitness Center; Coronado
Qualcomm, Inc. (9 campuses)

Current and Previous Consulting Client List :

Ashby Development; Roripaugh Ranch
K.Hovnanian; The Lodge
La Jolla Seville HOA
McMillan Company; Morgan Hill
Morrow Development; La Costa Oaks, La Costa Valley
Qualcomm Incorporated
Sherm Harmer; City Walk, Lido by Concordia, StoneCrest Village, Village Walk



Fit-X San Diego strives to provide professional, safe and quality fitness services through innovation, creativity and caring in order to promote increased quality of life.

We work to get people moving and keep them moving!

Fit-X San Diego

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"Over the years, Qualcomm has challenged Fit-X to respond to our needs and in every case they have responded with unique and innovative solutions that truly add value to our work/life balance programs." Dave Beadle; Manager, Qualcomm Incorporated