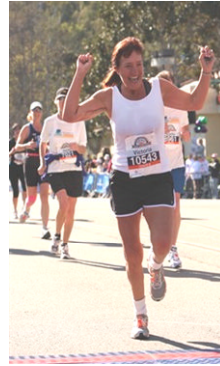




MEET YOUR TRAINER



Vickie Hubbard

***"Live well at the
speed of life!"***

- Master Level Trainer and Group Fitness Instructor; Fit-X San Diego, 1999
- NASM Certified Personal Trainer, 1999
- ACE (American Council on Exercise) Certified Group Fitness Instructor, 1998
- Corrective Exercise Specialist; NASM, 2006
Specializing in knees, hips, low-back, and shoulders
- Continuing Education Provider- ACE, 2002
- Creates results and makes magic for the ageing fitness fanatic
- Devoted to enhancing health and wellness for special populations, including pain free living
- Avid participant in 8 local marathons and half marathons
- 30 years of sales, customer service and management experience
- 20 years of Fitness Industry Experience; 10 years as a Life Coach
- CPR and First Aid Certified

Vickie is a valued member of the Fit-X San Diego One on One and Group Fitness Training Team featuring certified, degreed and professional trainers, instructors and counselors uniquely qualified to assist you in reaching your fitness goals. Fit-X San Diego offers in-door, out-door and water fitness programs for groups and individuals of all shapes and sizes.

Vickie Hubbard
Master Level Fit-X Trainer
858-715-8611
Victoria@fitxsandiego.com
www.fitxsandiego.com